

Upcoming Events at HA Kalihi Gym

June

Summer Slumber Party

Saturday 6/6 - 6pm-8am (Ages 5+)

\$35/participant (\$30 for additional siblings).

Join us for a night of fun games and activities. Dinner, breakfast and snacks will be provided. Bring your friends!

Safe Falling Workshop

Monday 6/15 - 6-8pm - \$20/participant.

"Falls are inevitable Injuries are preventable".

Fun Nights Every Monday and Friday: 6-10pm

\$5/hr for members, \$7/hr for non-members

Ages 5+ welcome (5yr olds must be accompanied by an adult)

Join us for Family Fun Nights where you or your child can get some extra practice and have fun at the gym (under the supervision of our instructors).

Please sign up in advance for all events (except Family Fun Days) by calling 842.5642 or visiting our Kalihi Gym office.

Bring your friends and family members!