Upcoming Events at HA Kalihi Gym

April

2015 Hawaii Trampoline Championships
Sunday 4/12—1-9pm

Preschool-Beginner Trampoline Instructor Clinic
Sunday 4/19—4:30-6:30pm - Free to HA Instructors
Learn techniques essential for teaching basic trampoline skills. This clinic is an important orientation that all instructors should have.

Safe Falling Workshop
Saturday 4/18 - 6-8pm - $20/participant.
"Falls are inevitable Injuries are preventable".

How To Teach Motor Skills Clinic
Thursday 4/30—6-8pm - Free to HA Instructors
Learn the essential fundamentals of skill acquisition and pedagogy. Discover the secrets for becoming a great teacher!

Fun Nights Every Monday and Friday: 6-10pm
$5/hr for members, $7/hr for non-members
Ages 5+ welcome (5yr olds must be accompanied by an adult)
Join us for Family Fun Nights where you or your child can get some extra practice and have fun at the gym (under the supervision of our instructors).

Please sign up in advance for all events (except Family Fun Days) by calling 842.5642 or visiting our Kalihi Gym office.

Bring your friends and family members!